



What is “trauma-informed” facilitation?

Find out Oct 18-19th, 2025

AVP Advanced Trauma Resilience Workshop

***Scarsdale Meeting House
Scarsdale, NY***

This will be a group learning environment to learn and practice tools to recover from trauma and stay resilient. We'll be introduced to social practices like Companion Groups, mourning, and reconnection. We'll explore Self-care, Grounding and current definitions of trauma (and how we all experience it).

Location: Friends (Quaker) Meeting

133 Popham Rd.
Scarsdale NY 10583

Schedule: Saturday, 10/18: 9:30a - 8:30p
Sunday, 10/19: 12:30p - 7p

Breakfast on Saturday and snacks each day will be provided. Potluck lunch and dinner Saturday and dinner Sunday. Completion of the AVP Basic Workshop required. Please plan to attend all sessions to receive a certificate.

Suggested donation to AVP Westchester: \$100. Scholarships available.

Payment by check, credit card or PayPal

To register go to: <https://forms.gle/DqrAV3vJdNv7FURJ8> or email: AVPKate@outlook.com