Alternatives to Violence Project Basic Workshop

This interactive, participatory workshop can either be taken as a stand-alone training or the first of three workshops required to become an Alternatives to Violence Project facilitator.

LEARN TO:
IDENTIFY AND MANAGE STRONG FEELINGS
DEAL MORE EFFECTIVELY WITH RISK AND DANGER
BUILT TRUST AND EMPATHY WITH SELF AND OTHERS
COMMUNICATE WELL IN DIFFICULT SITUATIONS
UNDERSTAND WHY CONFLICT HAPPENS AND PRACTICE RESPONDING NONVIOLENTLY

2-day workshop format

When:
Saturday April 18th 9am-6pm
Saturday April 25th 9am-6pm
*Participants must attend both Saturdays*

Where:
Park Presbyterian Church, 504 E. Fayette St., Syracuse, NY

For more information and to register, contact Coran Klaver
ccklaver@gmail.com or 315-396-7070